



# INGLESIDE STATE SCHOOL

NEWSLETTER 2024 TERM 2 WEEK 2

## WHAT'S ON

- 15 April Term 2 starts
- 25 April ANZAC Day March at Burleigh Heads 8:45 am
- 1-3 May Year 5/6 Camp
- 5 May The Resilience Project- **"Digital Wellbeing for Families"**, 6:30 online, information in a couple of weeks
- 16 May **Ingleside Cross Country: date change**

## FROM THE PRINCIPAL

Welcome back to Term 2. We hope you had an enjoyable time with your children. This term will see the Year 5/6 students heading off to Camp Goodenough in Week 3. They are all getting very excited. Invoices will be sent out tomorrow. I would like to thank the P & C and the Project Club for their generous donation of \$1000 to offset some of the cost of this fantastic experience.

**Phone and Devices:** At Ingleside the children hand in their **mobile phones, devices and smart watches** into the office each morning and collect them at the end of the day.

The decision to implement a consistent, state wide approach to putting mobile phones and devices away during the school day is based on the advice of Ms Cheryl Vardon AO, former Queensland Family and Children's Commissioner, who completed an independent review of Queensland's approach to mobile phones. Ms Vardon AO's review included consultation with key education stakeholders, such as principals, school staff, students and families from each education region, as well as a review of recent research on student use of mobile phones and personal devices in schools.

'Away for the day' supports schools to maintain a strong focus on student educational achievement, wellbeing and engagement by:

- providing optimal learning and teaching environments

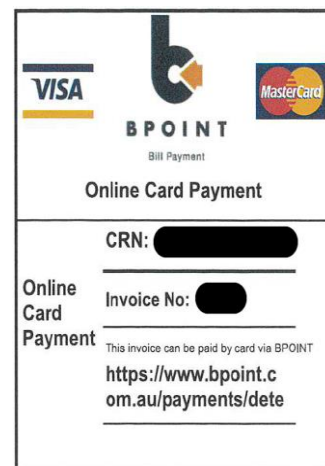
- encouraging increased face-to-face social interactions between students
- promoting the health and wellbeing of students through increased social interaction and physical activity
- reducing the potential for students to be exposed to the negative impacts of the digital world, resulting from unsafe or inappropriate technology use.

## ANZAC DAY

We will be marching at the Burleigh Heads RSL ANZAC Day ceremony on 25 April 2024. We would love you all to come. Children must wear their school uniform and school hat. We meet at the top end of James Street around 9:00am.

## FROM THE OFFICE

**Camp invoices have been set out to the Year 5/6 families today. Please pay before 1 May 2024.**



Can you please finalise Student Resource accounts this week. They are now overdue.

## FROM THE CLASSROOM

Reminding parents and carers that children need to be at school ready to start work when the bell goes at 8:45 am.



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## THE RESILIENCE PROJECT

### GRATITUDE

Some benefits of practising gratitude are:

- After 21 days, you start to scan the world for positives.
- After 42 days you become:
  - More optimistic, energised & focused.
  - Less likely to get sick.
- You will sleep better.
- Anxiety and depression decreases.

A few quick and simple ways to practise being grateful are:

- Journaling; each night write down 3 things that went well for you that day or purchase a gratitude journal with gratitude prompts.
- Write a gratitude letter to someone special, telling them why you are grateful they are in your life.
- Have a family discussion on the way home from school or around the dinner table about the things that went well that day or made you smile.

## FROM THE LIBRARY

What a happy first term we had in the library. The students are well into borrowing mode and make good use of the library during break time. The ongoing challenges are well supported as are the competitions.

The winners of the final term one competition were:

P/1 Ayla, 2/3 Jet, 3/4 Maggie, 5/6 Mackenzie

**The Book Fair** was a great success. A huge thankyou to all those families who supported this endeavour. Your support plus the donation that Ashton Scholastic

made allowed us to select \$660 worth of books for the library.

## FIRE ANT ERADICATION

This Friday 19 April 2024 our school grounds will be treated by the Fire Ant Eradication team. They will be onsite between 7:00 -11:00 am. I have attached the flyer to explain the relevant information.

## FROM THE TUCKSHOP

Tuckshop will available in Week 2. Remember to place your order on Flexischools before Monday morning.

## FROM THE P & C





Thank you to all the families who donated goods for the Easter raffle. It was a huge success with \$567 raised for the P & C Association.

The next P & C General meeting will be on Wednesday 15 May 2024 at 3:00 pm. All welcome.

## NEW STUDENT RESOURCE



### Get eBooks and audiobooks with Sora!

<p><b>1</b></p> <p>Install the Sora app from your app store or go to <a href="https://soraapp.com">https://soraapp.com</a></p> 	<p><b>2</b></p> <p>Search for and select <b>Education Queensland</b></p> 	<p><b>3</b></p> <p>Sign in with your <b>MIS-ID</b>, tap  &amp; enjoy!</p> 
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